

Department/Subject	Course	Book title	Required	Recommended	Author	Publisher	Year	ISBN	Notes
Mind-Body & Asian Bodywork	MB 0101 Taiji 1	Traditional Chinese Fitness Exercises	\$6.95		China Sports and New World Press	New World Press, Beijing, China	1995	978-7-80005-310-8	
		Fundamentals of Tai Chi Chuan, Third Edition		\$45.00	Huang W	Distributor: American Academy of Chinese Culture	1979		
	MB 0102 & 0103 Taiji 2 & 3	Traditional Chinese Fitness Exercises	see MB 0101		China Sports and New World Press	New World Press, Beijing, China	1995	7800053105	
		T'ai Chi According to the I Ching, Embodying the Principles of the Book of Changes		\$12.82	Olson S	Inner Tradition International, Vermont	2001	978-0892819447	
	ABT 01 Tuina 1	Chinese Bodywork	\$50.00		Sun, Chengnan	Pacific View Press	1993	978-1-88189-606-7	
		Atlas of Tuina Techniques		not available	Sheng Guoquan and Yan, Jutao	Shanghai Scientific & Technical Publishing House	1999		
	ABT02 & 03 Tuina 2 & 3	Tuina a Handbook for Students and Practitioners	\$40.00		Yan Lu	Heilongjian Science And technology Press	2005	9787538849479	
		Special Test for Orthopedic Examination, 4th Edition		\$59.95	Jeff G. Konin and Denise L. Wiksten, etc	Slack Incorporated	2016	9781617119828	
		Trail Guide to the body		\$56.95	Andrew Biel	Books of Discovery	2014	9780982978658	
	ABQ 01 medical Qigong 1	Sheng Zhen Wu Ji Yuan Gong	\$116.00		Li, J. and Gong, C	International Sheng Zhen Society Foundation	2004	0914955772	
		Sheng Zhen Wuji Yuan Gong: Return to Oneness	\$13.88		Li, J. & Gong, C.	International Sheng Zhen Society Foundation	2004	0914955773	
		Chinese Medical Qigong Therapy, a Comprehensive Clinical Text	\$297.20	not available	Johnson J.	the International Institute of Medical Qigong, Pacific Grove	2000	1-885246-08-0	
		Qigong for Treating Common Ailments		\$8.73	Xu X.	Ymaa Publication Center	2000	978-1886969704	
	ABQ 02 & 03 medical Qigong 2 & 3	Sheng Zhen Wu Ji Yuan Gong	see ABQ 01		Li, J. and Gong, C	International Sheng Zhen Society Foundation	2004	0914955772	
		Sheng Zhen Wuji Yuan Gong: Return to Oneness	see ABQ 01		Li, J. & Gong, C.	International Sheng Zhen Society Foundation	2004	0914955773	
		Eight Brocades Seated Chi-Kung	\$29.94	\$156.76	Olson, S	Jade Forest Publishers	1997	1-889633-00-3	
		Chinese Medical Qigong Therapy, a Comprehensive Clinical Text.		\$297.19	Johnson J.	The International Institute of Medical Qigong	2000	1-885246-08-0	
		Chinese Qigong Outgoing-Qi Therapy	\$39.95	not available	Yu W	Shandong Science and Technology Press, China	1992	7-5331-1041-2	
	MB 0301, 0302 & 0303 Qigong 1, 2 & 3- Sheng Zhen	Sheng Zhen Healing Gong	\$116.00		Li, J	International Sheng Zhen Society Foundation.		9789719252306	
	MB 0301 Qigong 1- Wild Goose	Wild Goose Qigong	\$200.00		Yang Meijun	China Science & Technology Press	1991	9787504601278	
		Wild Goose Qigong	see MB 0301		Yang Meijun	China Science & Technology Press	1991	9787504601278	
	MB 0302 Qigong 2- Wild Goose	The Way of Qigong, the Art and Science of Chinese Energy Healing		\$10.94	Cohen K.	Wellspring/Ballantine	1999	978-0345421098	
	MB 0303 Qigong 3- Wild Goose	Wild Goose Qigong	see MB 0301		Yang Meijun	China Science & Technology Press	1991	9787504601278	
Working out, working within: The Tao of Inner Fitness through sports and exercise			\$20.00	Lynch J.	Tarcher	1999	978-0-87477-968-4		
MB 0301, 0302 & 0303 Qigong 1, 2 & 3- Yi Jin Jing	T'ai Chi According to the I Ching, Embodying the Principles of the Book of Changes	\$0.00	\$0.00	Zhang Zao	Shaaxi Science & Technology Press	2009	7-5045-0127-6/R.31	In Chinese - excerpts for pictures provided in class	