

## Common Chinese Herbs that can be Grown in Central Texas

English	Pinyin	Latin	Common Names	USDA hardiness zone
Agrimony	xian he cao	<i>Agrimonia pilosa</i>	Shaggy speedwell, Downy agrimony, Harvest lice; Cocklebur	5-8
American Reed	lu gen	<i>Phragmites communis</i>		4-10
Ashwagandha	shui qie	<i>Withania somnifera</i>	Indian Ginseng, Withania	yes
Asiatic dayflower	ya zhi cao	<i>Commelina communis</i>	Day flower	6-9
Bellflower	dang shen	<i>Codonopsis pilosula</i>		5-9
Burdock	niu bang zi	<i>Arctium lappa</i>	Great Burdock, Edible Burdock, Cockle-Button, Beggar's Buttons	2-10
Burr Marigold	lang ba cao	<i>Bidens tripartita</i>	Beggarticks	5-9
Calamus	chang pu	<i>Acorus calamus</i>	Sweet Flag	4a-9b
Caper spurge	xu sui zi	<i>Euphorbia lathyris</i>	moleplant	5-9
Chinese Boxthorn	gou qi zi	<i>Lycium chinense</i>	Chinese desert-thorn	5-9
Chinese Foxglove	shu di	<i>Rehmannia glutinosa</i>		8-11
Chinese Mallow	ye kui	<i>Malva verticillata, L.</i>	Cluster Mallow	6-12
Chinese Motherwort	yi mu cao	<i>Leonurus heterophyllus</i>	Honeyweed	5-9
Chinese Privet	niu zhen zi	<i>Ligustrum lucidum</i>	Glossy Privet, White Wax tree, Tree ligustrum	8-11
Chocolate Vine	mu tong	<i>Akebia quinata</i>	five leaf akebia	4-8
Chrysanthemum	ju hua	<i>Chrysanthemum morifolium</i>	mum	5-10
Clerodendrum	hai zhou chang shan	<i>Clerodendrum trichotomum</i>	Harlequin glorybower	7-10
Cocculus	mu fang ji	<i>Cocculus orbiculatus</i>	Queen Coralbead	6-10
Cow dipper	ban xia	<i>Pinellia ternata</i>		5-9
Fennel	xiao hui xiang	<i>Foeniculum vulgare</i>		3-10
Fish Mint	ji cai yu xing cao	<i>Houttuynia cordata</i>	fish leaf, rainbow plant, chameleon plant, heart leaf, fish wort, chinese lizard tail, bishops weed	6-11
Garlic Chives	jiu cai, jiu bai, xie bai	<i>Allium tuberosum</i>	chinese chives, oriental garlic, chinese leek	3-9
Ground Ivy	huo xue dan	<i>Glechoma hederacea</i>		3-10
Hares ear	chai hu	<i>Bupleurum chinense</i>	thorowax	3-10
Horsetail	mu ze	<i>Equisetum hiemale</i>	Dutch Rush, scouringrush horsetail, rough horsetail	3-11
Indian Chrysanthemum	ye ju hua	<i>Chrysanthemum indicum</i>	garden mum	5-9
Indian Madder	qian cao	<i>Rubia cordifolia</i>		5-9
Japanese Honeysuckle	jin yin hua	<i>Lonicera japonica</i>		4-10
Japanese Knotweed	hu zhang	<i>Polygonum cuspidatum/japon</i>	Mexican Bamboo	4-10
Japanese Spindle Tree	da ye huang yang	<i>Euonymus japonicus</i>	Box-leaf Euonymus, Evergreen Euonymus, Japanese Euonymus	6-9
Knotweed	bian xu	<i>Polygonum aviculare</i>		4-8

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Korean Mint	huo xiang	<i>Agastache rugosa</i>	blue licorice, purple giant hyssop, Indian mint, wrinkled giant hyssop	4a-9b
Kudzu	ge gen	<i>Pueraria lobata</i>		5-9
Licorice	gan cao	<i>Glycyrrhiza inflata</i>		5-9
Marigold	jin zhan ju	<i>Calendula officinalis</i>		yes
Mimosa	he huan pi/hua	<i>Albizia julibrissin</i>	silk tree	6-9
Nut Greass	xiang fu zi	<i>Cyperus rotundus</i>	coco greass, java grass, purple nut sedge, red nut sedge	Yes
Ox Knee	niu xi	<i>Achyranthes bidentata</i>	pigs knee	7-10
Paper Mulberry	gou shu	<i>Broussonetia papyrifera</i>		6-9
Peppervine	bai lian	<i>Ampelopsis japonica</i>	porcelainberry	6-9
Plantain	che qian zi	<i>Plantago asiatica</i>	plantain	5-9
Plantain	chang ye che qian	<i>Plantago lanceolata</i>	Ribwort Plantain, Narrowleaf plantain	
Plantain	da ye che qian	<i>Plantago major</i>	Cart Track, White Man's Foot	3-12
pokeweed	shang lu	<i>Phytolacca acinosa</i>		4-8
Poppy	ying su	<i>Papaver somniferum</i>		8-10
Purselane	ma chi xian	<i>Portulaca oleracea</i>	hogweed	yes
Ramans Rose	mei gui	<i>Rosa rugosa</i>	Rugosa Rose	3-9
Rodiola	hong jing tian	<i>Rhodiola arctica</i>	Sedum Species, Golden Root, Roseroot Stonecrop, Rosewort	2-8
Self-Heal	xia ku cao	<i>Prunella vulgaris</i>		5-8
Shepherds Purse	yu xing cao	<i>Capsella bursa</i>		6-10
Shisos	zi su ye / zi	<i>Perilla frutescens</i>	Beefsteakplant, Purple mint, Rattlesnake weed, Wild Basil	7-10
Siberian Ginseng	wu jia pi	<i>Acanthopanax spinosus</i>		4-8
Snakes Beard	mai men dong	<i>Ophiopogon japonicus</i>	Dwarf lilyturf, monkey grass	7-11
SnowParsley	she chuan zi	<i>Cnidium monnieri</i>		All
Soft Rush	juncus effusus	<i>Juncus effusus</i>	Common Rush, Lamp rush, pacific rush	4-8
Stringy stonecrop	chui pen cao	<i>Sedum sarmentosum</i>		6-9
Summer Cypress	di fu zi	<i>Bassia scoparia</i>	burningbush	5-9
Sweet Wormwood	qing hao	<i>Artemisia annua</i>	Sweet Annie, Sweet Sagewort, annual mugwort, annual wormwood	6-9
Tartarian Aster	zi wan	<i>Aster tataricus</i>	Tartarinows Aster	3-9
Trumpet creeper	ling xiao hua	<i>Campsis radicans</i>	cow itch vine, hummingbird vine	4-9
Tuber Fleeceflower	he shou wu	<i>Polygonum multiflorum</i>		6-9
Velvet Leaf	qing ma zi	<i>Abutilon theophrasti</i>	Butter Print, China Jute, Indian Mallow	8-11
Vietamese Balm	xiang ru	<i>Elsholtzia ciliata</i>	crested mint	4-8
Weeping Forsythia	lian qiao	<i>Forsythia suspensa</i>		5-8
Wild carrot	hu lo fu	<i>Daucus carota</i>	birds nest, bishops lace, queen annes lace	4-8
Winged Spindle Tree	wei mao	<i>Euonymus alatus</i>	Burning Bush, corky spindletree	4-8

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Woad	song lan/ ban lan gen	<i>Isatis tinctoria/indigotica</i>	indigo	6-9
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